

## Appetizers

### **NACHOS SUPREME 12**

nacho cheese, shredded cheddar, shredded lettuce, tomato, pickled jalapeños, sour cream, salsa; choice of ground beef, or grilled chicken (+1)  
house green chile sauce +1

### **BAKED BRIE 9**

served with arroyo fry bread

### **SMOKED CHICKEN WINGS 12**

12 jumbo wings tossed in buffalo, sweet chile, bbq or naked

### **FRIED CALAMARI 12**

hand dredged, served with choice of marinara or tomato, lemon, caper beurre blanc sauce

### **TF SHRIMP COCKTAIL 10**

four large shrimp served with house made cocktail sauce

### **SPINACH ARTICHOKE DIP 8**

house made, topped with melted cheese and served with tortilla chips

## Salads

### **TF HOUSE half 5 full 7**

field greens, tomato, red onion, carrots and cucumber

### **BISTRO BACON 8**

spring mix tossed with dijon-bacon vinaigrette and garnished with bacon, tomato, onion and poached egg

### **ARROYO SALAD**

#### **half 8 full 10**

spring mix, walnuts, bleu cheese, sundried cherries, granny smith apples, with apple cider vinaigrette

**TroonFIT** entrées under 500 calories

\*Consumption of raw or under cooked meats or fish may increase your risk of food borne illness.

## Entrees

served with complimentary baguette and butter  
side house salad +4

### **BEEF TOWNEDOS**

**4oz 16 8oz 23**

pan seared tenderloin medallions  
served "au natural" or with  
béarnaise sauce, choice of starch  
and vegetable medley

### **HOUSE SMOKED RIBEYE 22**

12oz spice-rubbed, pan seared and  
butter basted, with vegetable medley  
and choice of starch

### **SOFT-SHELL CRAB 17**

tempura battered, served with asian  
citrus glaze and tomato, cucumber,  
asparagus salad

### **Tf POACHED SALMON 17**

court bouillon, lemon, olive oil, chives  
served with a tomato, cucumber,  
and asparagus salad

### **CHICKEN SALTIMBOCCA 15**

two pan seared cutlets, prosciutto,  
sage jus served with choice of starch  
and vegetable medley

### **SEAFOOD CREOLE 15**

shrimp, clams, calamari tossed in  
seafood tomato broth with rice pilaf

### **PORK LOIN DIANE 14**

two hand breaded medallions,  
"hunters" sauce served with choice of  
starch and vegetable medley

### **POACHED COD 14**

court bouillon, lemon, olive oil, chives  
served with rice pilaf and a tomato,  
cucumber, and asparagus salad

### **SEAFOOD CAKE SANDWICH 13**

5oz shrimp & salmon patty, bacon,  
lettuce, tomato, toasted naan bread,  
spicy lemon aioli and choice of side

### **CLASSIC BURGER\* 12**

burger patty with lettuce, tomato,  
shaved red onion, and a pickle on  
brioche bun served with french fries

## Sides

**herb  
spätzle**  
3

**rice  
pilaf**  
3

**vegetable  
medley**  
3

**idaho  
mash**  
3

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