

## Appetizers

### **NACHOS SUPREME 12**

beer cheese, shredded cheddar, shredded lettuce, tomato, pickled jalapeños, sour cream, salsa; choice of ground beef, grilled chicken or mojo pork (+1)  
**house green chile sauce +1**

### **SMOKED CHICKEN WINGS 12**

12 jumbo wings tossed in buffalo, sweet chile, bbq or naked

### **BAKED BRIE 9**

served with crostini

### **TF SHRIMP COCKTAIL 10**

four large shrimp served with house made cocktail sauce

### **SPINACH ARTICHOKE DIP 8**

house made, topped with melted cheese and served with tortilla chips

## Salads

### **TF HOUSE half 5 full 7**

field greens, tomato, red onion, carrots and cucumber

### **CLASSIC CAESAR half 6 full 8**

romaine, croutons and parmesan  
**chicken +4 salmon +6**

### **SPINACH half 6 full 8**

bacon, hard boiled egg, red onion and croutons with bacon dijon dressing

### **ARROYO half 8 full 10**

spring mix, walnuts, bleu cheese, sundried cherries, granny smith apples, apple cider vinaigrette  
**chicken +4 salmon +6**

**TroonFIT** entrées under 500 calories

\*Consumption of raw or under cooked meats or fish may increase your risk of food borne illness.

## Entrees

served with complimentary baguette and butter  
side ceasar or side house salad +4

### **FILET MIGNON\* 23**

7oz pan seared filet,  
seasonal vegetables  
sauce +1  
butter baste, chimichurri or Chef's B2

### **RIBEYE\* 22**

12oz char grilled, seasonal vegetables  
sauce +1  
butter baste, chimichurri or Chef's B2

### **HOUSE SMOKED SALMON\* 18**

7oz char grilled, rice, fennel, tomato  
and asparagus salad, served with  
lemon-mint vinaigrette

### **Tf ROASTED CHICKEN BREAST 16**

6oz skin on, seasonal vegetables,  
grilled figs, honey-thyme jus

### **BOSTON BAKED COD 15**

8oz filet, panko topped, served with  
rice, wilted spinach, charred tomato  
and lemon butter sauce

### **Tf ASIAN CITRUS SHRIMP 15**

lemon, peppercorn poached shrimp,  
steamed rice, wilted spinach,  
Asian citrus glaze

### **SHRIMP GUMBO 15**

6oz baby shrimp, andouille,  
peppers and onions, tossed in  
traditional gumbo sauce, served  
with rice and fried okra

### **SEAFOOD CAKES 15**

two 3oz cakes of shrimp and salmon,  
panko crusted, served on tomato,  
red onion, and asparagus salad,  
garnished with bacon  
and old bayonaise

### **Tf GRILLED PORK LOIN 14**

7oz, house smoked, served with  
seasonal vegetables and apple-  
cranberry gastrique

### **MAC-N-CHEESE 13**

smoked cheddar bechamel,  
bacon, scallion and panko

### **GRIDDLED FISH TACOS 13**

griddled cod, flour tortilla, salsa verde,  
pickled onions, coleslaw, tortilla chips

### **CLASSIC BURGER\* 12**

burger patty with lettuce, tomato,  
shaved red onion, and a pickle on  
brioche bun served with french fries

## Sides

**rosemary garlic  
roasted potatoes**  
4

**mustard  
horseradish mash**  
4

**steamed  
rice**  
4

**seasonal  
vegetables**  
3

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